

1 FORAGING REQUIREMENT AND DIET SPECIFICITY OF THE GLOBALLY THREATENED AQUATIC  
2 WARBLER *ACROCEPHALUS PALUDICOLA* AT AUTUMN MIGRATION STOPOVER SITES.

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23 Words :

24 **SUMMARY**

25 An effective conservation of the Aquatic Warbler (*Acrocephalus paludicola*), one of the most  
26 threatened Western Palaearctic migratory passerines, requires a good knowledge of its  
27 ecological needs on stopover sites. In particular, it is crucial to identify the diet of the Aquatic  
28 Warbler (preferred arthropod preys), which controls accumulation of fat reserves before  
29 migration, to selected and manage adequate protected areas. Another key information need is  
30 the relationship between Aquatic warbler's prey abundance and habitats. We performed  
31 standardized mist netting during 12 years in Audierne marshes (Western France), which  
32 resulted in the capture of 1200 Aquatic Warblers, and permitted measurements of mass gain  
33 and collection of faeces to infer birds' diet. Invertebrate sampling was carry out on the three  
34 main Audierne marshes (reedbeld, fen mires and meadow). In order to go beyond prey  
35 digestibility bias we also study to two close *Acrocephalus* species, present on migration  
36 stopover during the same period. The diet composition of the Aquatic Warbler observed on  
37 migration stopover sites is that of a specialist species, with large prey sizes (Odonata,  
38 Orthoptera, Lepidoptera), specific preys (Odonata, Araneida) and a relatively low diversity of  
39 preys. Similarly to Sedge Warblers, Aquatic Warblers put on weight during migration  
40 stopover (daily mass gain = 0.34g) suggesting a strategy based on few stopover along the  
41 long-distance migration. Due to large differences in diet, conservation management action on  
42 stopover sites for the threatened Aquatic Warbler should not rely on existing knowledge for  
43 the Sedge and Reed Warblers. Similarities in the diet of the Aquatic Warbler between nesting  
44 areas and migration stopover areas and relationship between habitat and prey's abundance,  
45 suggest that fen mires play and important role for the quality of stopover foraging habitat.

46 **INTRODUCTION**

47 Decline of long-distance migratory songbirds have been highlight, and the origin appear  
48 numerous: climate change and its consequence on phenological response (Both *et al.*, 2006),  
49 degradation of wintering habitat (Robbins *et al.*, 1989) and many studies has also shown that  
50 high-quality stopover habitats and a preserved network of stopover are critical links between  
51 breeding and wintering areas for many species, and their preservation should be considered an  
52 essential component of strategies aiming to conserve migratory bird populations (Russell *et*  
53 *al.*, 1994, Moore *et al.*, 1995, Ktitorov *et al.*, 2008).

54 The Aquatic Warbler (*Acrocephalus paludicola*), is a rare long-distance migratory  
55 birds and is considered as one of the most threatened Western Palaearctic migratory  
56 passerines (Collar *et al.* 1994). This species population had suffered an important decline  
57 mainly because of breeding habitat loss (Dyrz & Zdunek 1993, Kozulin *et al.*, 2004).  
58 Furthermore along its migratory way important loss of marshes areas (stopover migration  
59 habitat) have occurred: 40% of reedbed habitats were lost between the years of 1945 and 1990 in  
60 United Kingdom (Biodiversity Action Plan 2008) ; 50% of marshes areas in France were loss between  
61 1970 and 1990 (Bernard 1994) ; In Netherlands the National Wetlands Inventory evaluated that  
62 40% of freshwater wetlands had been destroyed or degraded by human activities in only a 10-  
63 year period (Holland *et al.*, 1995).

64 As many species of insectivorous birds that breed in northern Europe and winter in  
65 sub-Saharan Africa, the Aquatic Warbler has to cross wide ecological barriers (e.g. seas or  
66 deserts), which requires long uninterrupted flights fuelled by large fat deposits. Migration  
67 strategy, including departure date, flight duration and range, or habitat and diet selection, is  
68 known to be under considerable selection pressure (Bibby & Green 1981, Bairlein & Totzke  
69 1992). In particular, all migratory species depend crucially on the existence of suitable  
70 feeding areas to accumulate fat reserves before and during migration (Berthold 1975).  
71 Northern Aquatic Warbler populations migrate through Western Europe in autumn, visiting  
72 marshes in the Netherlands, Belgium, France and to a lesser extent the United Kingdom (de  
73 By 1990, Julliard *et al.*, 2006). France appears to host the largest number of individuals  
74 (Julliard *et al.*, 2006), exclusively in the western coastal regions (mostly Normandy, Loire  
75 Valley and Brittany). This country should therefore play a central role in the conservation of  
76 the Aquatic Warbler, for example by protecting adequate habitats to provide stopover sites on  
77 the species migration routes (Julliard *et al.*, 2006).

78 As highlighted in the European Action Plan (Heredia 1996), an efficient conservation  
79 of such threatened migratory passerine requires a thorough description of its ecological needs

80 in stopover sites. As far as we know, few studies have dealt with Aquatic Warbler's diet, and  
81 moreover have focused on the breeding period only. And unfortunately, the ecological needs  
82 and the network of stopover sites of the Aquatic Warbler cannot be derived from information  
83 on congeners, as species within a genus can exhibit very different migration strategies (Bibby  
84 & Green 1981).

85 We believe that identifying preys of the Aquatic Warbler, which are crucial for  
86 accumulation of fat reserves, is key to target appropriate habitats for conservation. Direct  
87 observation of Aquatic Warbler feeding on stopover is hardly seems possible due to rarity of  
88 such observation (rarity of this bird, observation distance and visibility in such marshes  
89 habitat) and indirect study of diet through faeces analysis is hindered by differential preys  
90 digestibility. However comparing in the same stopover area faeces of the Aquatic Warbler  
91 and two commoner congeners (Reed Warbler: *Acrocephalus scirpaceus* and Sedge Warbler:  
92 *Acrocephalus schoenobaenus*) could allow highlight diet specificity of the Aquatic Warbler  
93 according to the hypothesis that digestibility bias is equal among these three close species.  
94 We then identified the taxa that make a major contribution to the diet of each species and  
95 secondly the taxa that distinguish the diet of the Aquatic Warbler from two other warblers. To  
96 go further, we studied the relationship between Aquatic Warbler main preys and habitat.

97 With classical recovery data provided by ringing scheme (bird ring in a site and  
98 recapture or found dead in other site), we could not expected in mid term gather sufficient  
99 data for described the Aquatic Warbler migration strategy. Moreover this could not be directly  
100 derived from strategy known on congeners. However a comparative approach of mass gain  
101 strategy in the same stopover area for the Aquatic Warbler and two commoner congeners  
102 known to exhibit differential strategy could be fruitful. The strategies to cover long migratory  
103 distances differ among species. Some like the Reed Warbler are known to move in many short  
104 steps, others, like the Sedge Warbler negotiate the same distance in few jumps with very long  
105 flights (Bibby & Green 1981). Consequently, the physiological requirements, and the  
106 ecological and time constraints are rather different. Moving by a series of short flights  
107 requires smaller fat reserves on board. Mass gain strategy of the Aquatic Warbler in regards  
108 of the Reed and Sedge Warbler is then expected inform us on its strategies to cover long  
109 migratory distances. This information is of conservation concern because moving by a series  
110 of short flights requires smaller fat reserves on board it requires many different suitable  
111 stopover sites en route. In this case the disappearance of one site is less dramatic, as these  
112 'hoppers' can easily move to the next site. Whereas for species exhibiting long hauls flights

113 strategy, the disappearance or degradation of one important particular stopover site would  
114 seriously impair the migration.

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## 116 **METHODS**

### 117 **Focal species**

118 The Aquatic Warbler (*Acrocephalus paludicola*), is a globally threatened species (Collar *et*  
119 *al.*, 1994) whose breeding range has shrunk dramatically during the last decades: the species  
120 has disappeared from its former breeding grounds in France, Belgium, the Netherlands and  
121 Austria (Bargain 1999). The European population contains between 13,000 and 21,000  
122 singing males, most of which are found in Belarus, Ukraine and Poland (Aquatic  
123 Conservation Team 1999). Despite yearly fluctuations, there is strong evidence that the  
124 Aquatic Warbler population keeps declining in Europe (Aquatic Warbler Team 1999, Kovacs  
125 & Vegvari 1999, Kozulin & Flade 1999, Birdlife International 2004),

126

### 127 **Study area**

128 The study was carried out in Audierne Bay marsh (Western France W4°19'14,0229  
129 N47°55'15,0881). In Audierne marsh the three main vegetation succession, from littoral lake  
130 are reedbed (dominated by stand of the common reed *Phragmites australis*, wherein the water  
131 table is above the ground level for most of the year), fen mire are medium herbaceous  
132 vegetation (up to 1 meter), with in summer the water table only few centimetres above to the  
133 ground level or sometime dry up. This vegetation is dominated by a great number of plant  
134 species (*Scirpus spp*, *Juncus ssp*, *Eleocharis spp*, *Iris pseudacorus*, *Oenanthe spp*) and the  
135 third habitat is hygrophilous meadow grazed extensively, dominated by *Agrostis spp*, *Dactyle*  
136 *glomerata*, *Rumex spp*,.

137 Between 1988 and 2006, we performed standardized mist netting, which result in the capture  
138 of up to 60,000 Sedge Warblers, 26,000 Reed Warblers, and 1200 Aquatic Warblers. This  
139 area is known as an important stopover site for Sedge Warblers, hosting above 2% of the  
140 breeding population (Bargain *et al.*, 2002), but is also an important regional breeding ground  
141 for the Reed Warbler (Bargain & Henry 2005). Recapture of banded Sedge Warblers in  
142 Audierne marsh indicate that these birds breed in Ireland, the United Kingdom, the  
143 Netherlands, Belgium, and Norway.

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### 145 **Faecal analysis**

146 Birds' diet was assessed by faecal analysis. Between 2001 and 2004, we collected 128 78 and  
147 28 independent samples of Aquatic, Sedge and Reed Warbler faeces, respectively, during  
148 ringing operations in August and September; most samples were collected in August 2003  
149 (Table 1). To collect faeces, we placed birds in special bags with a plastic-coated bottom,  
150 fifteen min. before their release. Faeces samples were stored in alcohol and dissected under a  
151 binocular microscope (magnification 15x to 45x). Identifiable chitinous fragments were  
152 counted in each sample, and pooled to estimate the minimum number of individuals of each  
153 taxonomic group (e.g. four Odonata wings were counted as one individual). This method  
154 likely biases diet evaluation, since soft-bodied or small preys are less readily detected.  
155 However, Davies (1977) showed that there is a strong correlation between prey remains in the  
156 faeces and the composition of the true diet in other insectivorous passerines, so that the  
157 method used here is expected to provide an accurate picture of diet.

158

### 159 **Identifying the specificity of the Aquatic Warbler diet**

160 We first conducted a Canonical Correspondence Analysis (CCA), which is a constrained  
161 ordination method developed to relate community composition to known variation in the  
162 environment, to evaluate the contribution of each prey species to diet composition of the  
163 Aquatic, Reed and Sedge Warblers (ter Braak 1986, Palmer 1993). Furthermore we used the  
164 apportionment of quadratic entropy (APQE), an analysis which allows diversity  
165 decomposition according to a given hierarchy, (Pavoine & Dolédec 2005). Here the hierarchy  
166 comes from *Acrocephalus* faeces and prey species in each faeces. This analysis allows  
167 variation testing within samples (faeces) and within *Acrocephalus* species. The significance of  
168 these diversity components is test by comparing the observed distributions with those  
169 expected to arise by chance using a simulation approach with 999 permutations. Programs and  
170 functions for computing quadratic entropy on R software environment are available on request  
171 to Sandrine Pavoine. According that diet data mostly come from one month in one year  
172 (Table 1) we restricted these analysis (CCA and APQE) on August 2003 diet data,  
173 nevertheless similar results were obtained with the full data set.

174

### 175 **Relationship between Aquatic Warbler's preys and habitat**

176 With the aim to improve our knowledge of the Aquatic Warbler foraging habitat selection, we  
177 first attempt to assess the level where Aquatic Warbler forages in the vegetation. We then ,  
178 jointly used three semi-quantitative invertebrate sampling methods and focussed on spiders  
179 group. We choose pitfall trap, with non attractive conservative liquid, in order to assess

180 invertebrate density-activity in the ground (2 stations per habitat, 3 pitfalls per station, from  
181 the 3 July 2002 to the 13 September 2002), yellow blow trap for invertebrates present in  
182 medium level of vegetation (2 stations per habitat, 1 blow trap per station, collect after 4 days  
183 of functioning, for a total of 15 sampling per habitat) and standardized sweep net in order to  
184 collect invertebrate in the high part of the vegetation (2 sampling per habitat, walking on a 25  
185 meters distance, do the same day (1/08/2002) for the 3 habitats). Through this sampling we  
186 focussed our study on spiders preys species due to the relationship between spiders families,  
187 functional group and vegetation level.

188 In a second step we evaluate the availability of the main prey's Aquatic Warbler's preys  
189 among the three main habitats present in Audierne marsh (reedbed, fen mire and hygrophilous  
190 pasture grazed extensively) using the same invertebrate sampling design. Variations of the  
191 different prey's abundance were calculated using linear regressions model (GLM).

192

### 193 **Comparing the diet diversity of Aquatic, Sedge and Reed Warblers**

194 We studied the variation in prey diversity within each species' diet. We first used Simpson's  
195 Diversity Index (D) (Hill 1973), which measures the probability that two preys randomly  
196 selected from a sample belong to the same taxonomic group. Hence, larger D values reflect  
197 smaller diversities. This index accounts for both number and abundances of species, so that  
198 rare species contribute little to the total diversity.

199 By using Simpson's diversity index on raw data to compare diets, we assume equal  
200 detectability of all prey species, a hypothesis which is probably not met (Boulinier *et al.*,  
201 1998; Nichols *et al.*, 1998). To correct for heterogeneous species detection probabilities, we  
202 therefore used statistical methods derived from capture-recapture approaches developed in  
203 population: individual are changed by species and then instead of assess population size this  
204 approach provide an estimator of community size, here prey species richness. Prey species  
205 richness was estimated with the jackknife estimator of Burnham and Overton (1979). As in  
206 many recent studies (Doherty *et al.*, 2003; Selmi & Boulinier, 2003; Lekve *et al.*, 2002;  
207 Stenseth *et al.*, 2002; Kerbiriou *et al.*, 2007) addressing richness estimation from species  
208 count data, we used program COMDYN (Hines *et al.*, 1999). This program allows assess  
209 estimate richness and probabilities of detection of species. As Reed Warblers had far smaller  
210 sample sizes than the two other species, we performed 50 random re-sampling within faeces  
211 samples of each species to obtain identical sample sizes (n = 10 faeces). For each species,  
212 each of 50 random re-samplings was input into program COMDYN to obtain estimates of  
213 prey species detectability and richness.

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### **Comparing mass gain strategies during stopover**

To compare mass gain strategies across the three Warbler species, we analyzed changes in body mass between capture/recapture events within a same year and stopover site. Between 1988 and 2006, ringing operations were conducted during the post breeding migration period: from early July to late September at the ornithological station of Audierne marsh, using standardized mist netting in the reed bed (see Bargain *et al.*, 2002 and Bargain & Henry 2005). Whenever weather was enough fine the ringing station was open, for a total of 77 days efficient per year (SE  $\pm$  4 days; extreme: 44 ; 115). Each captured bird was ringed, weighed and aged (two classes: adult and juvenile, i.e. born within year). When birds were captured several times within a day, we retained the first measure only. For birds captured more than once, we recorded the change in body mass between two capture events (the vast majority of individuals were recaptured only once, which generated one data point per individual). At Audierne marshes, we collected a total of 3517 such body mass changes for the Sedge Warbler, 2611 for the Reed Warbler and 50 for the Aquatic Warbler. We used Generalized Linear Models to explore the relation between body mass change and the number of days between two capture events, as well as the effect of bird age and year on mass gain. As possible difference of mass gain are expected exist between juvenile and adult, we used relative mass gain ( $G'$ ) instead off gross mass gain (i.e. the within year difference between the mass measured during the recapture and the mass measured during the previous capture).

$$G' = \frac{(Mr - Mc)}{Mc}$$

Where  $Mc$  is the mass measured during the first capture and  $Mr$  is the mass measured during the recapture.

According that Audierne marshes are an important regional breeding ground for the Reed Warbler we test the relation between body mass change and the number of days on the whole dataset of Reed Warbler and in a second step only on the birds (n=23) which the foreign origin was known (birds ringed during the breeding season in an other country). For the Aquatic warbler we also used the whole national data in order to test the existence of regional difference of mass gain. Complementary data come from Sandouville (W0°19'15,0462 N49°29'51,3665), Chenac-Saint-Seurin-d'Uzet (W0°49'58,8482 N45°29'59,6687) and Frossay/Le Massereau (W1°55'54,9121 N47°14'41,8772) due to the similarity of the standardized mist netting protocol.



247 **RESULTS**

248

249 **Taxa that make a major contribution to the diet of Aquatic, Reed and Sedge Warblers.**

250 In the faeces samples, we recorded a total of 1731 preys, few of which could be identified to  
251 species level. In terms of prey abundance, the diet of the Sedge Warbler appeared to be  
252 dominated by Aphids (67%), followed by Diptera (17%), whereas the Aquatic Warbler's and  
253 Reed Warbler's diets were dominated by Diptera (38 and 54%, respectively) and Aphids (21  
254 and 22%, Table 2). Using a predictive model of the relationship between body length of  
255 invertebrate groups and their mass (Ganihar 1997), the contribution of Odonata, Araneida,  
256 Orthoptera, Diptera and Lepidoptera to consumed biomass was respectively 43%, 13%, 12%  
257 9% and 8% for the Aquatic Warbler, for the Reed Warblers Diptera represent 33%, Aphids  
258 16% and Hymenoptera 15% and for the Sedge warbler Aphids represent 48%, Odonata 12%,  
259 and Diptera 10% (Table 2).

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261 **Specificity of the Aquatic Warbler's diet**

262 With the aim to identify the taxa that distinguish the diet of the Aquatic Warbler from Reed  
263 and Sedge Warblers, we performed a Canonical Correspondance Analysis (CCA).  
264 Lepidoptera, Araneida, Orthoptera, Odonata, Coleptera Atlidae contributed to discriminate  
265 the Aquatic Warbler diet from that of the two other Warblers (Fig. 1). Aphids contributed  
266 mainly to the Sedge Warbler's diet while wasps and, to a lesser extent, flies contributed to the  
267 diet of the Reed Warbler (Fig. 1). This difference in diet compositions among Warbler species  
268 was significant, as suggested by the APQE analysis ( $P = 0.001$ ), whereas no significant  
269 variation in composition was detected among faeces samples within species ( $P = 0.920$ )

270

271 **Availability of the Aquatic Warbler's preys among habitats.**

272 Spiders families distribution among the different sampling methods used (Fig. 2), show that  
273 the most abundant spiders families found in the Aquatic Warbler's diet (*Clubionidae*,  
274 *Tetragnathidae*, *Araneidae*) were collected mostly with sampling methods designed for  
275 inventory high level of vegetation (sweep net). Furthermore, the availability of the fourth  
276 principal prey's in term of biomass (Odonata, Orthoptera and Araneida: *Clubionidae*,  
277 *Tetragnathidae*, *Araneidae*) varied across habitat (Fig. 3). Abundance of Araneida are  
278 significantly lower in pasture and reedbeld than fen mire whatever the sampling methods used  
279 ( $P < 0.0001$ ), the same pattern is observed for the abundance of Odonata ( $P < 0.01$  for blow  
280 trap and  $P < 0.0001$  for sweep net). Abundance of Orthoptera are high in both fen mires and

281 pastures, this latest habitat present significant higher abundance when blow trap sampling was  
282 used ( $P = 0,005$ ) but no difference could be detected when sweep net sampling was used ( $P =$   
283  $0,71$ ). Abundance of Diptera in pasture and fen mire was higher ( $P < 0.001$ ) than reedbed,  
284 and the abundance in pasture slightly higher than fen mire ( $P = 0.03$ ). Lepidoptera (moth)  
285 were almost exclusively collected in fen mires.

286

### 287 **Diet diversity of the Aquatic, Sedge and Reed Warblers**

288 Significantly fewer preys were found in Aquatic Warbler faeces (4.9 preys per faeces sample;  
289  $se = 0.4$ ) than in Reed Warbler (6.2 preys;  $se = 0.8$ ) and Sedge Warbler (13.2 preys;  $se = 1.7$ )  
290 faeces ( $F_{2,218} = 19.33$ ,  $P < 0.0001$ ). Similarly, prey species richness was generally lower in  
291 Aquatic Warbler faeces (2.84 species per faeces sample;  $se = 0.15$ ) than in Reed Warbler  
292 (3.07 species;  $se = 0.33$ ) and Sedge Warbler (3.10 species;  $se = 0.16$ ) faeces. Finally, prey  
293 species diversity was also lower in Aquatic Warbler faeces than in Reed Warbler and Sedge  
294 Warbler faeces (Simpson's Diversity Index  $D = 0.84, 0.70$  and  $0.53$  respectively).

295 To further compare the three Warblers' diets and account for heterogeneous sample sizes, as  
296 well as potential variation in prey detectability, we estimated species richness in faeces  
297 samples using resampling (to correct for sample size, see "Methods") and COMDYM  
298 software. As before, the Aquatic Warbler had a less diversified diet (16.89 species ( $se = 1.34$ )  
299 on average in 10 faeces), than the other two Warbler species (Reed Warbler: 22.24 species;  $se$   
300  $= 2.45$ ; Sedge Warbler : 28.75 species ;  $se = 4.63$  ;  $F_{2,147} = 4.92$ ,  $P = 0.009$ ). Interestingly, this  
301 difference is likely not due to among-Warbler species differences in prey detection  
302 probabilities: the average detection probability was generally high (0.77;  $se = 0.07$  for the  
303 Aquatic Warbler, 0.72;  $se = 0.02$  for the Reed Warbler and 0.72;  $se = 0.04$  for the Sedge  
304 Warbler) and not significantly different across Warbler species ( $F_{2,147} = 1.58$ ,  $P = 0.20$ ).

305 Finally, Aquatic Warblers consumed larger preys (average 9.2mm;  $se = 0.5$ ) than Reed  
306 (5.1mm;  $se = 0.3$ ) and Sedge Warblers (4.6mm;  $se = 0.3$ ) (Fig. 2;  $F_{2,216} = 30.14$ ,  $P < 0.0001$ ).

307

### 308 **Differences in mass gain strategies of the Aquatic, Sedge and Reed Warblers during** 309 **stopover.**

310 Significant difference in mass between age class have been detected for the Sedge Warbler  
311 ( $10.97g \pm 0.02$  for juvenile and  $11.98g \pm 0.09$  for adult  $F_{1,3514} = 197.78$  ;  $P < 0.0001$ ); and the  
312 Reed Warbler ( $10.92g \pm 0.02$  for juvenile and  $11.19g \pm 0.05$  for  $\geq 1$  adult  $F_{1,2724} = 19.55$  ;  $P <$   
313  $0.0001$ ) but not for the Aquatic Warbler ( $F_{1,79} = 1.33$  ;  $P = 0.25$ ), probably due to the small  
314 sample size for the latest species. Then, except for the estimation of the daily mass gain mean,

315 all the analysis have been carried out on relative mass gain (G'). According to statistical result  
316 (trend and probabilities) analysis carried out on relative mass gain (G') converge with  
317 preliminary analysis carried on gross mass gain.

318 No interaction between the number of days between two capture events and birds age class  
319 have been detected for any of the three Warbler studied (Aquatic Warbler  $F_{1,46} = 2.02$  ;  $P =$   
320  $0.16$ ; Sedge Warbler  $F_{1,3501} = 0.279$  ;  $P = 0.59$  ; Reed Warbler  $F_{1,2709} = 0.44$  ;  $P=0.51$ ).

321  
322 No correlation between the relative mass gain (G') and number of days spent was detected for  
323 the Reed Warbler (Table 3, Fig. 4). As there is probably a small proportion of local Reed  
324 Warbler breeder captured and recaptured that could have induce bias because they were not in  
325 migration behaviour, we performed the same analysis but only on a subset of data including  
326 only Reed Warbler known to be in migration due foreign ring identities. Again no correlation  
327 could be detected ( $F_{1,20} = 2.38$  ;  $P = 0.11$  and moreover the trend was slightly negative -  
328  $0,05\text{g}/\text{days}$ )

329 In contrast to the Reed Warbler, the relative mass gain (G') of the Sedge and Aquatic  
330 Warblers increased as a direct function of the number of days spent on Audierne marshes  
331 migration stopover ( Table 3, Fig.4). According to the gross mass gain the mean daily mass  
332 gain was  $0.22\text{g}$  for the Sedge Warbler and  $0.34\text{g}$  for the Aquatic Warbler but this difference  
333 was not significant ( $F_{1,3563} = 0.74$  ;  $P = 0.38$ ).

334 When all French data of Aquatic Warbler mass gain are considered, no impact of year nor age  
335 is detected (respectively  $F_{16,62} = 1.04$  ;  $P = 0.42$  and  $F_{1,62} = 0.37$  ;  $P = 0.55$  ; each variable  
336 adjusted to the other variables) neither any variation ( $F_{1,77} = 1.38$  ;  $P = 0.26$ ) among the main  
337 sites where Aquatic Warbler are captured (Audiern Bay marsh, Sandouville, Chenac-Saint-  
338 Seurin-d'Uzet and Frossay/Le Massereau). However, the same pattern of mass gain in relation  
339 to stopover duration as observed in Audierne is noticed (  $F_{1,62} = 29.99$  ;  $P < 0.0001$ )

340 In the same way, the test of daily mass gain distribution of Sedge and Aquatic Warblers did  
341 not differ significantly (Kolmogorov-Smirnov Goodness-of-Fit Test  $k_s = 0.1543$ ,  $P = 0.1856$ )

342 Mass gain varied significantly across years for the Sedge and Reed Warblers (Table 3). Yet,  
343 there was no sign of unconditionally good or bad years, as yearly differences depended on  
344 species: daily mass gain was significantly larger in 1993, 2000, 2003 and 2004 for the Sedge  
345 Warbler, but significantly lower in 1991, 1994, 2000, 2002, 2003 and 2005 for the Reed  
346 Warbler. Daily mass gain was affected by bird age only for the Reed Warbler (Table 3), with  
347 a smaller gain for younger individuals.

348

349 **DISCUSSION**

350 **Diet specificity**

351 The diet composition of the Aquatic Warbler observed on the migration stopover site at  
352 Audierne Bay marsh is similar to that observed by Shulze-Hagen *et al.*, (1989) in the species  
353 breeding areas: the diet consists predominantly of Araneida, Diptera and Coleoptera (30%,  
354 22% and 15% respectively in Shulze-Hagen's study vs. 14%, 38% and 6% in this study).  
355 Small numbers of larger prey species such as Orthoptera, Lepidoptera, Odonata are also  
356 reported in both studies. Both studies also concur on the average large size of preys: 9.2mm at  
357 Audierne marshes vs. 8.4mm (Shulze-Hagen *et al.*, 1989) or 12.1mm (Leisler 1985) in  
358 breeding sites. The major difference between the two studies is the presence of caterpillars in  
359 Shulze-Hagen's study, whereas none were detected here, which is probably due to a scarcity  
360 of such preys in late summer, when Aquatic warblers visit the stopover site. Although large  
361 preys are found in small numbers in the Aquatic Warbler's diet, they are likely to contribute  
362 significantly to the total consumed biomass: using we showed that the expected contribution  
363 of the contribution of Odonata, Araneida, Orthoptera, Diptera and Lepidoptera to consumed  
364 biomass was respectively 43%, 13%, 12% 9% and 8% , whereas as these three first taxa  
365 represented only ca. 25% of individual preys, These results should however be interpreted  
366 cautiously, notably because of potential differences in prey digestibility.

367 Similarly, the diet composition of the Sedge Warbler estimated on the stopover site of  
368 Audierne Bay marsh closely resembles that observed in other studies. The large contribution  
369 of Aphids was already observed in the diet of Sedge Warblers on breeding areas in Southern  
370 Finland (Koskimies 1991, Koskimies & Saurola 1985), Estonia (Leivits & Vilbaste 1990),  
371 and the Kaliningrad Region (Chernetsov 1998, Chernetsov & Manukyan 2000) and on  
372 migration stopover in France (Bibby & Green 1981),. However, note that Koskimies (1991)  
373 and Chernetsov & Manukyan (2000) claimed that, despite the observed Aphid-centered diet,  
374 the Sedge Warbler is a generalist species rather than an exclusive Aphid specialist. In fact, a  
375 lot of alternative preys have been inventoried, such as Diptera, Coleoptera, Hymenoptera, and  
376 Araneida, which is consistent with our results: among the three Warbler species, the Sedge  
377 Warbler's diet presented the highest prey species richness estimate. However, observed Aphid  
378 outbreaks around the study site (Bargain *et al.*, 2002) are consistent with years of increased  
379 mass gain for the Sedge Warbler.

380 The Reed Warbler also exhibited a diverse diet, which was however centred on Diptera and,  
381 to a lesser extent Aphids and Hymenoptera. Such diet composition in the Reed Warbler was  
382 also observed by Bibby & Green (1981) in France, Evans (1989) in Wales and the UK, Grim

383 & Honza (1996) and Grim (2006) in Czech Republic and Rguibi Idrissi et al. (2004) in  
384 Morocco. Once again, average prey size in the Reed Warbler's diet measured in this study  
385 (5.1mm) was close to that observed by Leisler (1985, 5,4mm) in Poland and Rguibi-Idrissi et  
386 al. (2004, 4.5 to 5.4 mm) in Morocco.

387 Similarity between observed diet in Audierne marshes and literature seem highlight  
388 specificity of these Warbler species. Relative to the two congeners species studied Aquatic  
389 Warbler appear to be a more specialist specie, as indicated by larger prey size and  
390 specialization on Orthoptera, Lepidoptera and Odonata, whereas the Reed and Sedge  
391 Warblers have a more generalist diet. In regards to the Aquatic warbler diet, most of its main  
392 preys occurred with higher abundance in fen mire and secondary in pasture than reedbed.  
393 The occurrence of the different spiders families found in Aquatic Warbler (*Clubionidae*,  
394 *Araneidae*, and *Tetragnatidae*) indicated that Aquatic Warbler foraged in high level of  
395 vegetation, according to families' functional group requirements (Roberts 1985) and sampling  
396 methods results (Fig.2).

397

### 398 **Mass gain**

399 Mass gain strategies are very close for the Aquatic and Sedge Warblers: they both exhibited a  
400 significant increase in body mass during their stopover, suggesting accumulation of fat  
401 reserves. This conclusion ties in with previous studies of migration patterns, which all suggest  
402 that the migration strategy of the Aquatic Warbler is closer to that of the Sedge Warbler than  
403 to that of the Reed Warbler (Julliard *et al.*, 2006). Sedge Warblers, which migrate earlier and  
404 more rapidly, seem to accumulate fat in Northern France or Southern England and fly almost  
405 directly to West Africa over Iberia. In contrast, Reed Warblers migrate more slowly, thus over  
406 a longer period and break up the journey by refuelling in Spain and Portugal (Bibby & Green  
407 1981). However, although both Aquatic and Sedge Warblers share refuelling stopovers in  
408 Channel and Atlantic littoral marsh complexes, more precisely in Western France for the  
409 Aquatic Warbler, Julliard *et al.*, 2006), this study showed significant differences in foraging  
410 strategies.

411

### 412 **Conservation concerns**

413 In regard to diet specificity of the Aquatic Warbler the choice and management of protected  
414 stopover areas for the threatened Aquatic Warbler cannot be based only on existing  
415 knowledge regarding the Sedge and Reed warblers' diet. Moreover, according to mass gain  
416 strategy and first knowledge on stopover network of the Aquatic Warbler, (important

417 refuelling on few stopover migration) this species is then expected to be more impacted by  
418 degradation or loss of some important refuelling stopover migration. It is known that, during  
419 the nesting period, the Aquatic Warbler is a true stenotopic species, preferring fen mires that  
420 are characterized by mesotrophic to poor eutrophic level, water table near the soil surface and  
421 intermediate vegetation height and density (Kozulin & Flade 1999, Kloskowski & Krogulec  
422 1999, Kovacs & Végvari 1999, Schaefer *et al.*, 2000, Kozulin *et al.*, 2004). Due to technical  
423 constraint, i.e. mist netting could set up in fen mires or meadow, we were only able to capture  
424 Aquatic Warbler on reedbed then certainly this habitat is important for the stopover, but our  
425 study underlined that several preys species occur with higher abundance in fen mires.  
426 According that fen mires habitats present at Audierne marshes are close to breeding habitat  
427 we could then expected that Aquatic Warbler foraged also in this habitat. Even in the unlikely  
428 case where fen mires would not be used directly for foraged by the Aquatic Warbler this  
429 habitat play an important role: allowing the complete cycle of life for Aquatic Warbler's prey.  
430 Such vegetation is known to maximize the abundance of the large orthoptera prey  
431 *Conocephalus discolor* (Baldi & Kisbenedek 1997, Szövényi 2002, this study) and the  
432 densities of Clubionidae and Tetragnathidae (Cattin *et al.*, 2003, this study).  
433 The main threats for these habitats, except direct human destruction such as drainage, are the  
434 overgrowing of open wetlands by shrubs and reed vegetation (Kloskowski & Krogulec 1999).  
435 In French Atlantic stopover sites, consisting mostly of large areas of Common Reed  
436 (*Phragmites australis*), conservation measures should therefore maintain areas of medium  
437 vegetation, such as sedge. Restoration management, such as clearing, should focus on marsh  
438 edges which are often colonised by shrub willow associated with Common Reed. However,  
439 reed cutting, especially extensive cutting for commercial reasons, appears to affect the  
440 arthropod communities, with e.g. observed decreases in some passerine bird preys such as  
441 Coleoptera and Araneida together with increases in other preys such as Aphids and large  
442 spider species (Schmidt *et al.*, 2005). To minimize negative effects, reed cutting should be  
443 restricted to small areas, connected with uncut areas, which allows arthropods recolonization  
444 (Schmidt *et al.*, 2005). In addition, the creation of small ponds close reedbeds is expected to  
445 provide habitat patches with exceptional densities of Diptera (Dolichopodidae and Syrphidae,  
446 Brunel *et al.* 1998) and Odonata.

447

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470

471

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671

672 **LEGENDS:**

673

674 Table 1: Number of faecal samples collected for each Warbler species

675

676 Table 2: Percentage of each arthropod group found in faeces samples

677

678 Table 3: Factors influencing relative mass gain, each variable was adjusted to the other  
679 variables.

680

681

682 Figure 1: Canonical Correspondence Analysis, Axis 1 (28%), Axis 2 (5%) ordination of preys  
683 in relation to Warbler species (ACROLA, Aquatic Warbler; ACRSCI, Reed Warbler;  
684 ACRSCH, Sedge Warbler). *AraInd*, Araneida indeterminate; *AraClu*, Araneida Clubionidae;  
685 *AraTet*, Araneida Tetragnathidae; *ColInd*, Coleoptera indeterminate; *ColAlt*, Coleoptera  
686 Altisidae; *ColCar*, Coleoptera Carabidae; *ColCur* Coleoptera Curculionidae; *DipInd*, Diptera  
687 Indeterminate; *DipDol*, Diptera Dolichopodidae; *DipSyr*, Diptera Syrphidae; *HetInd*,  
688 Heteroptera indeterminate Heteroptera; *HetHyd*, Hydrometra stagnatorum; *HomAph*,  
689 Homoptera Aphid; *HomCic*, Homoptère Cicadelloidae; *HymInd*, Hymenoptera indeterminate;  
690 *hymChr*, Hymenoptera Chrysidae; *HymIch*, Hymenoptera Ichneumonidae; *LepInd*,  
691 Lepidoptera indeterminate; *ZygIsc* Odonata Coenagrionidae; *OrtCon*, Orthoptera  
692 *Conocephalus discolor*;

693

694 Figure 2: Variation of spiders families abundance in Aquatic Warbler faeces and three  
695 invertebrate sampling methods.

696

697 Figure 3: Variation of abundance of the main Aquatic Warbler preys categories among the  
698 three main habitats (A: blow trap, B: sweep net, errors bars represent standard errors,  
699 abundance of Diptera have been divided by a factor 5 in order to clarify the figure).

700

701 Figure 4: Mass gain strategies of the Reed Warbler (A), the Sedge Warblers (B) and the  
702 Aquatic Warbler (C), during autumn stopover in Audierne Bay marshes. Adult measures are  
703 shown in black circles, juvenile in grey circles.

704

705

706 Table 1: Number of faecal samples collected for each Warbler species

707

		Aquatic Warbler	Sedge Warbler	Reed Warbler
2001	August	9	1	-
	September	-	1	-
2002	August	11	-	-
	September	12	-	-
2003	August	50	64	21
	September	11	3	2
2004	August	32	8	5
	September	3	1	-
Total		128	78	28

708

709

710 Table 2: Percentage of each arthropod group found in faeces samples, for each group of taxa  
 711 percentage of biomass are given in brackets.

712

Taxa	CCA abbreviation	Aquatic	Sedge	Reed
		Warbler n = 571	Warbler n = 1027	Warbler N = 173
Opilinioda ( <i>Leiobucnum sp</i> )		0,2	0	0,6
<b>Araneida total</b>		<b>13,8 (13)</b>	<b>3,3 (8)</b>	<b>5,8 (14)</b>
Araneida indeterminate	<i>AraInd</i>	10,3	2,1	4,0
Araneida Araneidae ( <i>Larinoides cornutus</i> )		0,4	0	0
Araneida Clubionidae ( <i>Clubiona sp.</i> )	<i>AraClu</i>	1,9	0,3	0,6
Araneida Lycosidae		0,2	0,1	0,6
Araneida Tetragnathidae ( <i>Tetragnatha extensa</i> )	<i>AraTet</i>	1,1	0,6	0
Araneida cocoon		0	0,2	0,6
<b>Coleoptera total</b>		<b>5,8 (5)</b>	<b>3,1 (7)</b>	<b>4,0 (9)</b>
Coleoptera indeterminate	<i>Collnd</i>	2,3	2,1	3,5
Coleoptera Altisidae	<i>ColAlt</i>	1,4	0,3	0,1
Coleoptera Cantharidae		0,2	0	0
Coleoptera Carabidae	<i>ColCar</i>	1,1	0,1	0,6
Coleoptera Curculionidae		0,9	0,5	0,3
Coleoptera Histeridae		0	0,1	0
<b>Diptera total</b>		<b>37,5 (9)</b>	<b>16,6 (10)</b>	<b>53,8 (33)</b>
Diptera Indeterminate	<i>DipInd</i>	31,7	15,1	49,7
Diptera Dolichopodidae	<i>DipDol</i>	4,7	1,3	2,9
Diptera Syrphidae	<i>DipSyr</i>	0,7	0	0,6
Diptera Tipulidae		0,4	0,1	0
Diptera Nematocera		0	0,1	0,6
Diptera Brachycera		0	0,3	1,2
<b>Heteroptera total</b>		<b>1,8 (1)</b>	<b>3,1 (4)</b>	<b>2,3 (3)</b>
Heteroptera indeterminate	<i>HetInd</i>	1,1	0,1	2,3
Heteroptera ( <i>Hydrometra stagnatorum</i> )	<i>HetHyd</i>	0,7	3,0	0
<b>Homoptera total</b>		<b>21,0 (6)</b>	<b>66,7 (48)</b>	<b>22,0 (16)</b>
Homoptera ( <i>prob. Hyalopterus pruni</i> )	<i>HomAph</i>	18,6	66,6	21,4
Homoptère (Cicadelloidae)	<i>HomCic</i>	2,5	0,1	0,6
<b>Hymenoptera total</b>		<b>4,0 (2)</b>	<b>6,0 (8)</b>	<b>11,6 (15)</b>
Hymenoptera indeterminate	<i>HymInd</i>	2,8	5,1	6,9
Hymenoptera Chrysidae	<i>hymChr</i>	0,2	0,6	1,2



Hymenoptera Ichneumonidae	<i>HymIch</i>	1,1	0,4	1,7
Hymenoptera Formicidae		0	0	1,7
<b>Lepidoptera total</b>	<b><i>LepInd</i></b>	<b>4,7 (8)</b>	<b>0,1 (0)</b>	<b>0,6 (2)</b>
<b>Odonata total</b>		<b>8,4 (43)</b>	<b>0,9 (12)</b>	<b>0,6 (8)</b>
Odonata indeterminate	<i>Zyglsc</i>	1,8	0	0,6
Odonata (Coenagrionidae)	<i>Zyglsc</i>	3,0	0,5	0
Odonata (Coenagrionidae <i>Ischnura elegans</i> )	<i>Zyglsc</i>	3,7	0,4	0
<b>Orthoptera total</b>		<b>2,8 (13)</b>	<b>0,3 (3)</b>	<b>0 (0)</b>
Orthoptera ( <i>Chorthippus sp</i> )		0,7	0	0
Orthoptera ( <i>Conocephalus discolor</i> )	<i>OrtCon</i>	2,1	0,3	0

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713 Table 3: Factors influencing relative mass gain, each variable was adjusted to the other  
 714 variables.

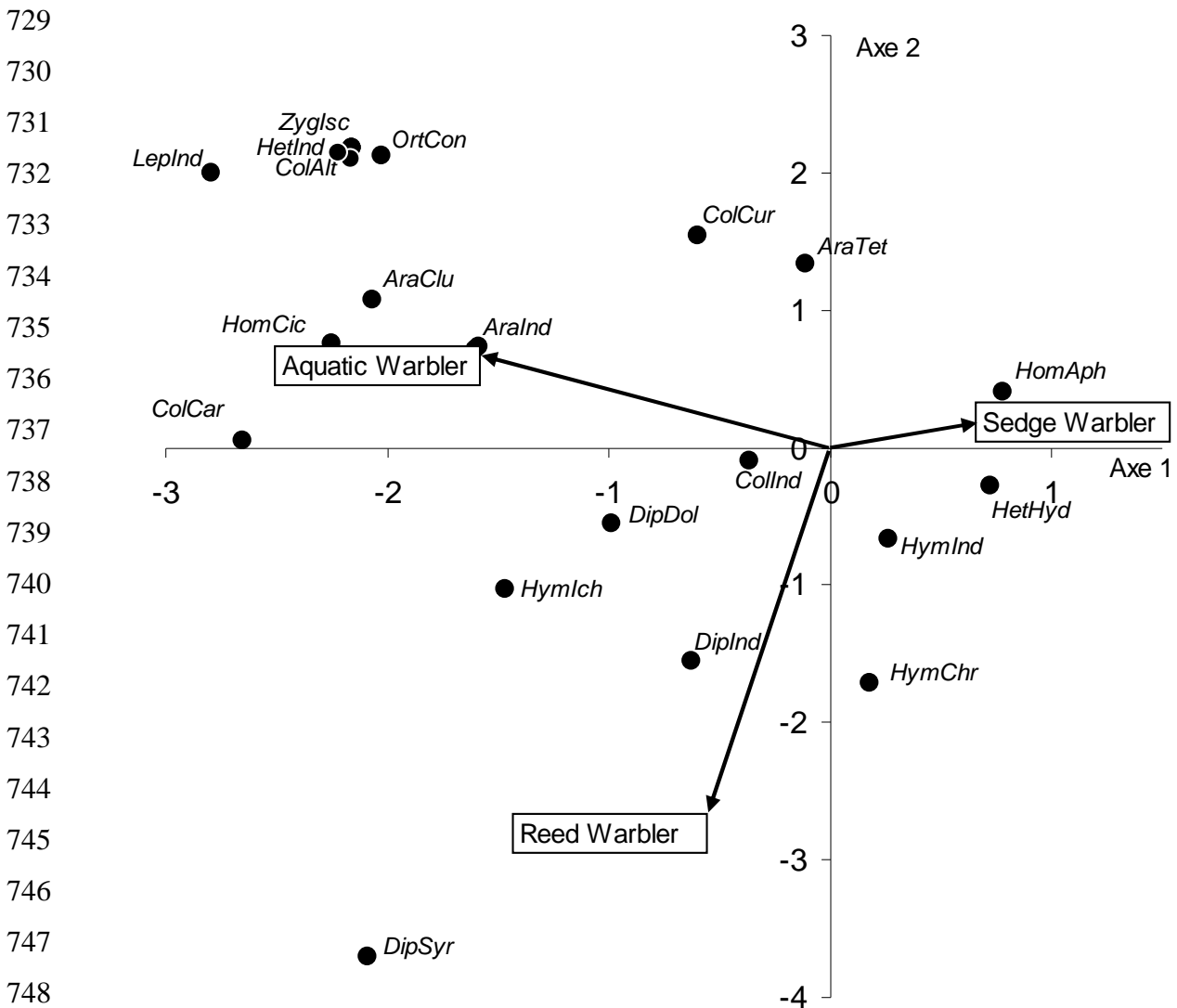
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	Aquatic Warbler	Sedge Warbler	Reed Warbler
correlation between mass gain and number of day after first capture	$F_{1,35} = 42.80 ;$ $P < 0.0001$	$F_{1,3501} = 1733.60 ;$ $P < 0.0001$	$F_{1,2709} = 0.10 ;$ $P = 0.75$
Influence of year on mass gain	$F_{12,35} = 1.48 ;$ $P = 0.17$	$F_{12,3501} = 4.82 ;$ $P < 0.0001$	$F_{14,2709} = 6.32 ;$ $P < 0.001$
Influence of age on mass gain	$F_{1,38} = 0.12 ;$ $P = 0.72$	$F_{1,3501} = 2.46 ;$ $P = 0.12$	$F_{1,2709} = 7.34 ;$ $P = 0.007$

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718 Figure 1: Canonical Correspondence Analysis, Axis 1 (28%), Axis 2 (5%) ordination of preys  
 719 in relation to Warbler species (ACROLA, Aquatic Warbler; ACRSCI, Reed Warbler;  
 720 ACRSCH, Sedge Warbler). *AraInd*, Araneida indeterminate; *AraClu*, Araneida Clubionidae;  
 721 *AraTet*, Araneida Tetragnathidae; *ColInd*, Coleoptera indeterminate; *ColAlt*, Coleoptera  
 722 Altisidae; *ColCar*, Coleoptera Carabidae; *ColCur* Coleoptera Curculionidae; *DipInd*, Diptera  
 723 Indeterminate; *DipDol*, Diptera Dolichopodidae; *DipSyr*, Diptera Syrphidae; *HetInd*,  
 724 Heteroptera indeterminate Heteroptera; *HetHyd*, Hydrometra stagnatorum; *HomAph*,  
 725 Homoptera Aphid; *HomCic*, Homoptère Cicadelloidae; *HymInd*, Hymenoptera indeterminate;  
 726 *hymChr*, Hymenoptera Chrysidae; *HymIch*, Hymenoptera Ichneumonidae; *LepInd*,  
 727 Lepidoptera indeterminate; *ZygIsc* Odonata Coenagrionidae; *OrtCon*, Orthoptera  
 728 *Conocephalus discolor*;



749 Figure 2: Variation of spiders families abundance in Aquatic Warbler faeces and three  
750 invertebrate sampling methods.

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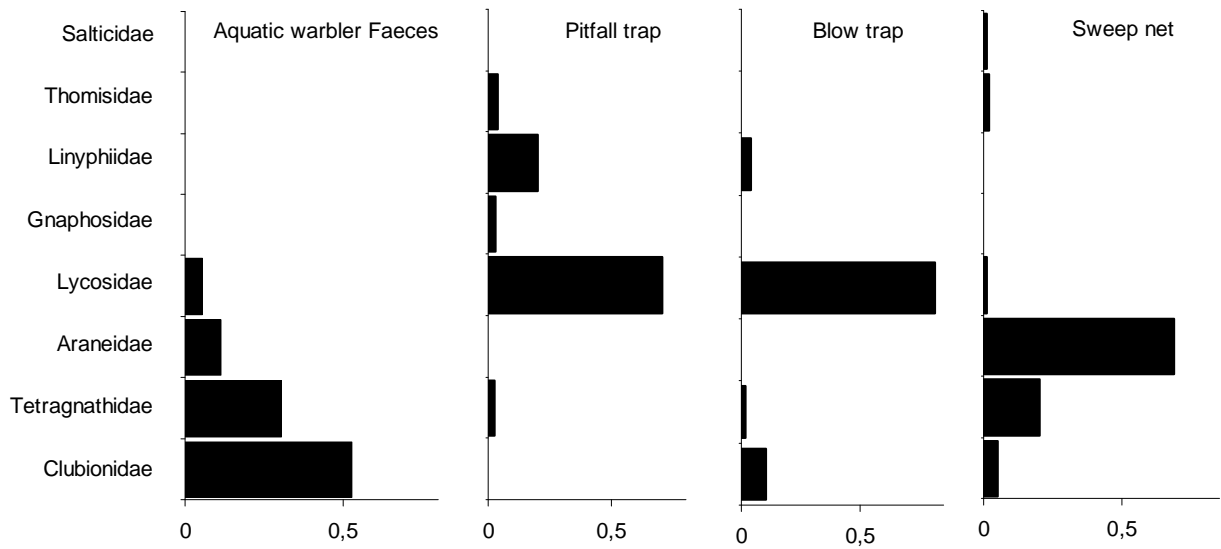
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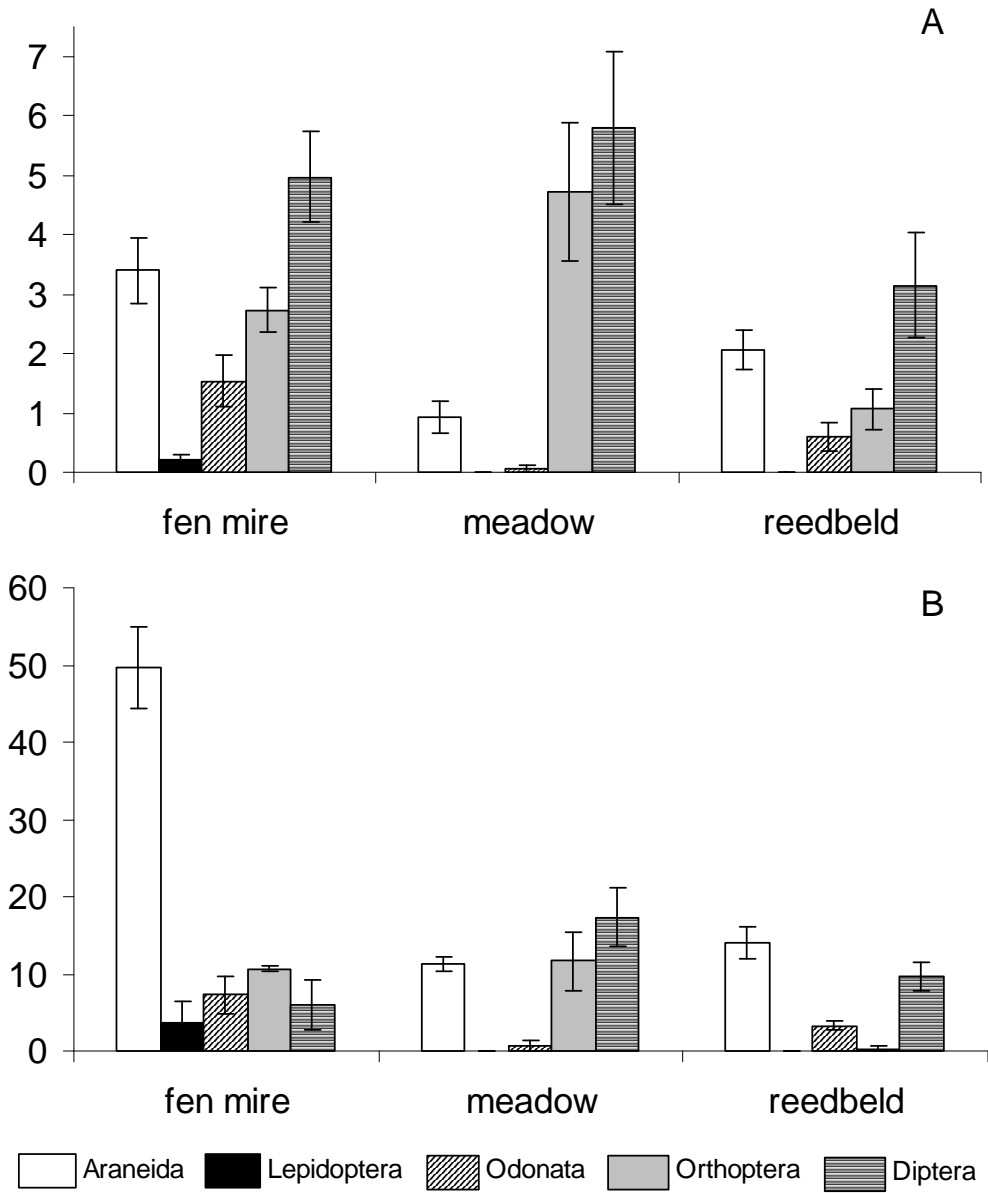
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765 Figure 3: Variation of abundance of the main Aquatic Warbler preys categories among the  
 766 three main habitats (A: blow trap, B: sweep net, errors bars represent standard errors,  
 767 abundance of Diptera have been divided by a factor 5 in order to clarify the figure).

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772 Figure 4: Mass gain strategies of the Reed Warbler (A), the Sedge Warblers (B) and the  
773 Aquatic Warbler (C), during autumn stopover in Audierne Bay marshes. Adult measures are  
774 shown in black circles, juvenile in grey circles. Mass in ordinate are expressed in relative  
775 mass gain (G') and in abscissa the number of days between two capture events.

